# Work Life, Mobility and Value Solutions

# Work/Life Programs and Initiatives

- o LifeWorks/LifeWorksOneSource (Resource & Referral Service)
- o Financial Planning and Education
- Topical Seminars and Lunch & Learns
  - o New in 2005:
    - Identity Theft
    - Talking to your children about drugs and alcohol

#### **Mobility (Commute Options) Programs**

- Pre-Tax Accounts administered by Wageworks
- o Shuttle Services between MetroNorth RR Station & Stamford Facilities
- NuRide Ride Sharing & Rewards Network
- Initiatives Adminitered by Metropool
  - o Ride Sharing, Carpool and Vanpool Matching
  - o Guaranteed Ride Home Program
  - o Commute Program Outreach & Promotion

### Flexibility Programs & Initiatives

Flexible Work Arrangements

- o Flex Time
- Staggered Hours
- Compressed Work Weeks
- Telecommuting
- Summer Hours

#### Flexibility Training "A Question of Balance"

- Manager Training
- Employee Orientation Sessions

## On-site/Web Based Value Programs/Services

- Web & Flyer Discount & Value Programs
- DMV Photo License Bus –CT only
- o On-Site School Holiday Program Stamford, CT & Shelton, CT
- o On-Site Holiday Gift Expos Home Office locations

#### **Employee Events & Activities**

- o Events
  - o Retiree Day
  - o Children's Holiday Party
  - o PB Kids at Work Day
- Sports Team Sponsorship